Block	50m	100m	Kraft							Koordination					
Zeit	Sprint	Sprint	Ball 1	Ball 2	Ball 3	Kugel 1	Standweit 1	Standweit 2	Standweit 3	Weit 1	Weit 2	Weit 3	Seil 1	Seil 2	Seil 3
08:00	6/1	8/1	7/1	7/2	7/3	9/4	8/4	8/5	8/6	5/1	5/2	5/3	7/4	7/5	7/6
08:10	6/2	8/2													
08:20	6/3	8/3													
08:30	6/4	8/4	7/4	7/5	7/6	9/5	8/1	8/2	8/3	5/4	5/5	5/6	7/1	7/2	7/3
08:40	6/5	8/5													
08:50	5/1	8/6													
09:00	5/2	7/1	6/1	6/2	6/3	9/6	5/5	5/6		7/4	7/5	7/6	8/2	6/5	5/1
09:10	5/3	7/2													
09:20	5/4	7/3													
09:30	5/5	7/4	6/4	6/5	5/1	8/1	9/4	9/5	9/6	7/1	7/2	7/3	5/2	5/3	5/4
09:40	5/6	7/5													
09:50		7/6													
10:00		9/4	5/2	5/3	5/4	8/2	7/1	7/2	7/3	6/1	6/2	6/3	5/5	5/6	6/4
10:10		9/5													
10:20		9/6													
10:30			5/5	5/6	8/1	8/3	7/4	7/5	7/6	6/4	6/5	8/5	6/1	8/4	8/6
10:40															
10:50															
11:00			8/2	8/3	8/5	8/4	6/1	6/2	6/3	9/4	9/5	8/6	9/6	8/1	
11:10															
11:20															
11:30			8/4	8/6	9/4	8/5	6/4	6/5	5/1	9/6	8/2	8/1	9/5	8/3	6/2
11:40															
11:50															
12:00			9/5	9/6		8/6	5/2	5/3	5/4	8/4	8/3		9/4	8/5	6/3
12:10															
12:20															
12:30															
12:40															